

Annual Tuberculosis Symptom Screen

Employee's Name: _____

Date of Hire: _____

If you have been told that you have **latent tuberculosis (LTBI)** based on a confirmed **positive skin test (PPD)** or **positive blood test (QuantiFERON® [QFT] or TSPOT®.TB)**, it is not necessary to receive additional TB skin or blood testing, but *you must complete yearly symptom screening by filling out the questionnaire below.*

Please read the following before completing your yearly questionnaire:

A positive PPD/TST or positive QFT/TSPOT®.TB test means that you have been exposed to the mycobacteria that causes TB and most likely have the inactive (latent) form of the infection, known as LTBI. People with LTBI do not have symptoms, do not feel sick, generally have a negative chest x-ray and cannot spread TB mycobacteria to others. Most people with LTBI will never develop active infection.

In some cases, however, LTBI will become active. This occurs most often in people who were recently infected or whose immune system becomes weakened (eg, in the elderly and in persons with diabetes, cancer, or organ transplant). The active form of TB is very dangerous and can be fatal. People with active TB disease are also capable of transmitting TB to others. While it is unlikely that your LTBI will ever become active TB disease, it is important for you to be aware of the symptoms you might experience if that occurred.

Please mark if you have experienced any of the following symptoms during the past year:

- | | | |
|------------------------------|-----------------------------|--|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Cough for more than three weeks with sputum production |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Unexplained fever or fatigue for more than 3 weeks |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Bloody sputum |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Drenching night sweats |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Unexplained weight loss of more than 10 pounds |

VERY IMPORTANT: If you have any of the symptoms listed above, call Occupational Health immediately for evaluation to determine if you may have active TB disease.

Checking the box below constitutes your yearly symptom screening for TB disease. Because your skin test or blood test is positive for LTBI, you do not need to undergo additional skin or blood testing. You also do not require an additional chest x-ray if you had one after the TB test became positive and you have no symptoms of active TB disease (listed above).

I certify that I have read and understand the information above about LTBI. I certify that if I ever experience symptoms of a productive cough for more than 3 weeks, unexplained fever or fatigue for more than 3 weeks, bloody sputum, drenching night sweats, or unexplained weight loss of more than 10 pounds, I will immediately call Occupational Health for evaluation.

Please note: LTBI is treatable with oral antibiotics that significantly reduce your future risk of developing active TB disease. If you would like to discuss treatment, contact Occupational Health or your primary care provider.

Employee Signature

Date

Occupational Health Signature

Date

Manager or Designee:

Date:
